


Riverside Group Exercise Class Timetable

Riverside Ice & Leisure Centre

Accurate as of 17/05/2024

Times for Saturday 1 May			
Time	Session	Facility	
8:30 am - 9:15 am	Body Combat	Gym	
9:30 am - 10:00 am	CORE	Gym	
10:15 am - 11:00 am	Body Pump	Gym	