

Riverside Group Exercise Class Timetable

Riverside Ice & Leisure Centre

Accurate as of 03/05/2024

Times for Saturday 1 May



Time	Session	Facility
8:30 am - 9:15 am	Body Combat	Gym
9:30 am - 10:00 am	CORE	Gym
10:15 am - 11:00 am	Body Pump	Gym