

Pool Timetable Sessions

Oulder Hill Leisure Complex

Accurate as of 24/04/2026

Times for Sunday 24 March



Time	Session	Facility	# Lanes
09:00 - 10:00	Adult Only	Large Pool (25m)	5
09:15 - 13:00	Puddle Ducks	Small Pool (12m)	
10:00 - 11:30	Public Swim	Large Pool (25m)	5
11:30 - 13:00	Swim4U	Large Pool (25m)	5
13:30 - 15:15	Public Swim	Large Pool (25m)	5
13:30 - 15:15	Public Swim	Small Pool (12m)	
15:30 - 16:30	Public / Member Family Swim	Large Pool (25m)	5