

Pool Timetable Sessions

Oulder Hill Leisure Complex

Accurate as of 24/04/2026

Times for Tuesday 24 March



| Time | Session | Facility | # Lanes |
|---------------|-------------------------|------------------|---------|
| 06:30 - 09:00 | Adult Only | Large Pool (25m) | 5 |
| 12:00 - 13:00 | Members Only | Large Pool (25m) | 5 |
| 13:00 - 15:00 | School Swimming Lessons | Large Pool (25m) | |
| 15:00 - 16:00 | Public Swim | Large Pool (25m) | 5 |
| 15:00 - 16:00 | Public Swim | Small Pool (12m) | |
| 16:00 - 19:00 | Dolphin Academy | Large Pool (25m) | 5 |
| 17:30 - 20:00 | Public Swim | Small Pool (12m) | |
| 19:00 - 20:00 | Public Swim | Large Pool (25m) | 5 |
| 19:00 - 20:00 | Staff Training | Large Pool (25m) | 1 |
| 20:00 - 22:00 | Adult Only | Large Pool (25m) | 5 |