

# Pool Timetable Sessions

## Oulder Hill Leisure Complex

Accurate as of 24/04/2026

### Times for Thursday 2 April



| Time          | Session                                         | Facility         | # Lanes |
|---------------|-------------------------------------------------|------------------|---------|
| 06:30 - 09:00 | Adult Only                                      | Large Pool (25m) | 5       |
| 09:00 - 12:00 | School Swimming Lessons                         | Large Pool (25m) |         |
| 12:00 - 13:00 | Members Only                                    | Large Pool (25m) | 5       |
| 13:00 - 15:00 | School Swimming Lessons                         | Large Pool (25m) |         |
| 15:00 - 16:00 | Public Swim                                     | Large Pool (25m) | 5       |
| 16:00 - 18:30 | Dolphin Academy                                 | Large Pool (25m) | 5       |
| 17:30 - 20:00 | Public Swim                                     | Small Pool (12m) |         |
| 18:30 - 19:30 | Adult Only                                      | Large Pool (25m) | 5       |
| 19:30 - 21:00 | Rochdale Snorkelling and Underwater Hockey Club | Large Pool (25m) | 5       |
| 21:00 - 22:00 | Adult Only                                      | Large Pool (25m) | 5       |