

# Pool Timetable Sessions

## Oulder Hill Leisure Complex

Accurate as of 19/06/2026

### Times for Tuesday 19 May



Time	Session	Facility	# Lanes
06:30 - 09:00	Adult Only	Large Pool (25m)	5
09:00 - 12:00	School Swimming Lessons	Large Pool (25m)	
12:00 - 13:00	Members Only	Large Pool (25m)	5
13:00 - 15:00	School Swimming Lessons	Large Pool (25m)	
15:00 - 16:00	Public Swim	Large Pool (25m)	5
15:00 - 16:00	Public Swim	Small Pool (12m)	
16:00 - 19:00	Dolphin Academy	Large Pool (25m)	5
17:30 - 19:00	Public Swim	Small Pool (12m)	
19:00 - 20:00	Staff Training	Large Pool (25m)	1
19:00 - 20:00	Public Swim	Large Pool (25m)	4
20:00 - 22:00	Adult Only	Large Pool (25m)	5