

Pool Timetable Sessions

Oulder Hill Leisure Complex

Accurate as of 19/06/2026

Times for Monday 8 June



| Time | Session | Facility | # Lanes |
|---------------|-------------------------|------------------|---------|
| 06:30 - 09:00 | Adult Only | Large Pool (25m) | 5 |
| 09:00 - 12:00 | School Swimming Lessons | Large Pool (25m) | |
| 12:00 - 13:00 | Members Only | Large Pool (25m) | 5 |
| 13:00 - 15:00 | School Swimming Lessons | Large Pool (25m) | 5 |
| 15:00 - 16:00 | Public Swim | Large Pool (25m) | 5 |
| 15:00 - 16:00 | Public Swim | Small Pool (12m) | |
| 16:30 - 17:30 | Swim4U | Large Pool (25m) | 5 |
| 17:30 - 19:00 | Public Swim | Large Pool (25m) | 5 |
| 17:30 - 20:00 | Public Swim | Small Pool (12m) | |
| 19:15 - 20:00 | Aqua Zumba | Large Pool (25m) | 5 |
| 20:00 - 22:00 | Adult Only | Large Pool (25m) | 5 |