

Pool Timetable Sessions

Oulder Hill Leisure Complex

Accurate as of 22/09/2026

Times for Tuesday 15 September				
Time	Session	Facility	# Lanes	
06:30 - 09:00	Adult Only	Large Pool (25m)	5	
09:00 - 15:00	School Swimming Lessons	Large Pool (25m)		
15:00 - 16:00	Members Only	Large Pool (25m)	5	
15:00 - 16:00	Public Swim	Small Pool (12m)		
16:00 - 19:00	Dolphin Academy	Large Pool (25m)	5	
17:30 - 20:00	Public Swim	Small Pool (12m)		
19:00 - 20:00	Public Swim	Large Pool (25m)	5	
19:00 - 20:00	Staff Training	Large Pool (25m)	1	
20:00 - 22:00	Adult Only	Large Pool (25m)	5	