

Pool Timetable Sessions

Oulder Hill Leisure Complex

Accurate as of 22/09/2026

Times for Saturday 19 September

Time	Session	Facility	# Lanes
08:00 - 09:00	Adult Only	Large Pool (25m)	5
08:45 - 11:45	Dolphin Academy	Small Pool (12m)	
09:00 - 13:00	Dolphin Academy	Large Pool (25m)	5
12:30 - 16:30	Public Swim	Small Pool (12m)	
13:30 - 14:30	Public / Member Family Swim	Large Pool (25m)	5
14:30 - 16:30	Public Swim	Large Pool (25m)	5