gym
Rhayader Leisure Centre

Accurate as of 12/10/2024

Times for Thursday 24 September

Time	Session	Facility	Level
7:30 am - 8:30 am	Gym Session	Campfa / Gym	
9:00 am - 10:00 am	Gym Session	Campfa / Gym	
10:30 am - 11:30 am	Gym Session	Campfa / Gym	
12:00 pm - 1:00 pm	Gym Session	Campfa / Gym	
1:30 pm - 2:30 pm	Gym Session	Campfa / Gym	
3:30 pm - 4:30 pm	Gym Session	Campfa / Gym	
5:00 pm - 6:00 pm	Gym Session	Campfa / Gym	
6:30 pm - 7:30 pm	Gym Session	Campfa / Gym	