St Ives swimming pool timetable

One Leisure St Ives

Accurate as of 15/05/2026

Times for Monday 4 May

Time	Session
6:30 am - 7:25 am	Early Birds +2 lanes
7:30 am - 8:25 am	Early Birds +2 lanes
9:00 am - 10:00 am	Adult Lessons
10:00 am - 12:00 pm	Private Booking
12:15 pm - 1:00 pm	Aquafit
1:05 pm - 1:55 pm	Adult Lanes
2:00 pm - 3:25 pm	Public Swim
3:30 pm - 6:00 pm	Swimming Lessons