

# Fitness Classes

## Builth Wells Sports Centre & Swimming Pool

Accurate as of 05/05/2024

### Times for Wednesday 15 December



Time	Session	Facility	Level
6:15 am - 7:00 am	Freedom Bootcamp	Sports Hall	
5:15 pm - 6:00 pm	Seiclo dan do / Indoor Cycling	Sports Hall	
6:15 pm - 7:15 pm	Legs, Bums & Tums	Sports Hall	