


Huntingdon fitness class timetable

One Leisure Huntingdon

Accurate as of 12/05/2025

Times for Monday 24 January			
Time	Session	Facility	
6:45 am - 7:35 am	Bars & Bells	Studio 1	
12:00 pm - 12:50 pm	Yoga	Studio 1	
2:00 pm - 3:00 pm	RightStart 4 - COPD	Sports Hall	
4:00 pm - 5:00 pm	RightStart 4 - Cardiac Rehab *Referral Only	Sports Hall	
6:00 pm - 6:50 pm	Circuit Training	Sports Hall	
6:00 pm - 6:50 pm	Fitsteps	Studio 1	
7:00 pm - 7:50 pm	Yoga	Studio 1	