

Huntingdon fitness class timetable

One Leisure Huntingdon

Accurate as of 03/05/2024

Times for Monday 15 August



Time	Session	Facility
6:45 am - 7:35 am	Bars & Bells	Studio 1
9:00 am - 9:50 am	Body Burner	Studio 1
11:00 am - 11:50 am	Fatburner	Studio 1
12:00 pm - 12:50 pm	Yoga	Studio 1
2:00 pm - 3:00 pm	RightStart 4 - COPD	Sports Hall
4:00 pm - 5:00 pm	RightStart 4 - Cardiac Rehab *Referral Only	Sports Hall
6:00 pm - 6:50 pm	Circuit Training	Sports Hall
6:00 pm - 6:50 pm	Fitsteps	Studio 1
7:00 pm - 7:50 pm	Yoga	Studio 1