


# Huntingdon fitness class timetable

## One Leisure Huntingdon

Accurate as of 09/05/2025

Times for Tuesday 16 August			
Time	Session	Facility	
6:30 am - 7:20 am	HIIT	Studio 1	
10:00 am - 10:50 am	Ex-Bike	Cyclone Studio	
10:00 am - 11:00 am	Cancer Rehab *Referral Only	Studio 1	
11:00 am - 11:50 am	Tabata	Studio 1	
11:35 am - 12:30 pm	Aquafit	Indoor Pool	
7:00 pm - 7:50 pm	Body Pump	Studio 1	
8:00 pm - 8:50 pm	Yoga	Studio 1	