Huntingdon fitness class timetable

One Leisure Huntingdon

Accurate as of 12/10/2024

Times for Tuesday 23 April

Time	Session	Facility
6:30 am - 7:20 am	HIIT	Studio 1
9:30 am - 10:30 am	Cancer Rehab *Referral Only	Studio 1
10:00 am - 10:50 am	Ex-Bike	Cyclone Studio
11:00 am - 11:50 am	Low impact fitness	Sports Hall
11:35 am - 12:30 pm	Aquafit	Indoor Pool
5:00 pm - 5:50 pm	HIIT	Studio 1
6:00 pm - 6:50 pm	Conditioning	Studio 1
7:00 pm - 7:50 pm	Body Pump	Studio 1
8:00 pm - 8:50 pm	Yoga	Studio 1