

# Huntingdon fitness class timetable

## One Leisure Huntingdon

Accurate as of 11/06/2026

### Times for Monday 15 June



Time	Session	Facility
6:45 am - 7:35 am	Bars & Bells	Studio 1
7:45 am - 8:30 am	Wellness Class	Studio 1
9:00 am - 9:50 am	Tone	Studio 1
9:30 am - 10:25 am	RightStart Cycle	Cyclone Studio
10:00 am - 10:50 am	Totally Shredded	Studio 1
11:00 am - 11:50 am	Legs, Bums & Tums	Studio 1
12:00 pm - 12:50 pm	Pilates	Studio 1
1:45 pm - 2:45 pm	RightStart 4 - COPD	Studio 1
3:45 pm - 4:45 pm	RightStart 4 - Cardiac Rehab *Referral Only	Sports Hall
5:00 pm - 5:50 pm	Boogie Bounce	Studio 1
6:00 pm - 6:50 pm	Circuit Training	Sports Hall
6:00 pm - 6:50 pm	Fitsteps	Studio 1
7:00 pm - 7:50 pm	Yoga	Studio 1
8:00 pm - 8:50 pm	Beginners Yoga	Studio 1