

Huntingdon fitness class timetable

One Leisure Huntingdon

Accurate as of 11/06/2026

Times for Tuesday 16 June



Time	Session	Facility
6:30 am - 7:20 am	HIIT	Studio 1
6:40 am - 7:30 am	Indoor Cycling	Cyclone Studio
8:40 am - 9:20 am	Aquafit	Indoor Pool
9:00 am - 9:50 am	Dance Fit	Studio 1
10:00 am - 10:50 am	Ex-Bike	Cyclone Studio
10:00 am - 11:00 am	Cancer Rehab	Studio 1
11:00 am - 11:50 am	Tabata	Studio 1
11:35 am - 12:30 pm	Aquafit	Indoor Pool
1:00 pm - 2:00 pm	RightStart 4 - PSI	Studio 1
2:00 pm - 3:00 pm	RightStart Tai Chi Qigong	Studio 1
6:00 pm - 6:50 pm	Zumba	Studio 1
7:00 pm - 7:50 pm	Body Pump	Studio 1
8:00 pm - 8:50 pm	Yoga	Studio 1