

Ramsey fitness class timetable

One Leisure Ramsey

Accurate as of 19/04/2024

Times for Wednesday 26 January



Time	Session	Facility
9:15 am - 10:00 am	Legs, Bums & Tums	Sports Hall
10:15 am - 11:00 am	Zumba	Sports Hall
1:15 pm - 2:15 pm	Aquafit	Indoor Pool
6:00 pm - 6:45 pm	HIIT & Abs	Sports Hall