## Ramsey fitness class timetable One Leisure Ramsey

Accurate as of 19/04/2024

Times for Tuesday 1 February		
Time	Session	Facility
9:15 am - 10:00 am	Legs, Bums & Tums	Sports Hall
10:15 am - 11:15 am	RightStart 5	Sports Hall
10:30 am - 11:15 am	Aquafit	Indoor Pool
5:30 pm - 6:30 pm	Yoga	Sports Hall