# Ramsey fitness class timetable

## One Leisure Ramsey

**Accurate as of 12/10/2024**

**Times for Wednesday  2 February**

| Time | Session | Facility |
|---|---|---|
| 9:15 am - 10:00 am | Legs, Bums & Tums | Sports Hall |
| 10:15 am - 11:00 am | Zumba | Sports Hall |
| 1:15 pm -  2:15 pm | Aquafit | Indoor Pool |
| 6:00 pm -  6:45 pm | HIIT & Abs | Sports Hall |