

Ramsey fitness class timetable

One Leisure Ramsey

Accurate as of 17/05/2025

Times for Friday 19 August



Time	Session	Facility
9:15 am - 10:00 am	Step	Sports Hall
10:15 am - 11:00 am	Pilates	Sports Hall
6:05 pm - 6:50 pm	Circuit Training	Sports Hall