St Ives fitness class timetable

One Leisure St Ives

Accurate as of 18/05/2024

Times for Monday 29 April

Time	Session	Facility
9:30 am - 10:25 am	Body Burner	Studio 1
10:30 am - 11:25 am	Fitness Pilates	Studio 1
2:00 pm - 3:00 pm	RightStart 3	Studio 1
5:00 pm - 5:50 pm	Body Blitz	Studio 1
6:00 pm - 6:50 pm	Coach By Colour	Cyclone Studio
6:00 pm - 6:50 pm	Swiss Ball	Studio 2
6:00 pm - 6:55 pm	Body Combat	Studio 1
7:00 pm - 7:50 pm	Pilates	Studio 1