

St Ives fitness class timetable

One Leisure St Ives

Accurate as of 29/04/2026

Times for Sunday 3 May



Time	Session	Facility
9:00 am - 9:55 am	Body Combat	Studio 1
10:00 am - 10:55 am	Body Pump	Studio 1
10:00 am - 11:00 am	Indoor Cycling	Cyclone Studio