

St Ives fitness class timetable

One Leisure St Ives

Accurate as of 03/10/2026

Times for Sunday 4 October			
Time	Session	Facility	
9:00 am - 9:55 am	Body Combat	Studio 1	
10:00 am - 10:55 am	Body Pump	Studio 1	
10:00 am - 11:00 am	Indoor Cycling	Cyclone Studio	