St Neots fitness class timetable One Leisure St Neots

Accurate as of 02/05/2024

Times for Thursday 27 January		
Time	Session	Facility
9:00 am - 9:45 am	Rightstart Aqua	Indoor Pool
9:15 am - 10:05 am	Indoor Cycling	Studio 2
9:15 am - 10:05 am	Body Combat	Studio 1
10:15 am - 11:05 am	Power Tone	Studio 1
11:15 am - 12:05 pm	Pilates	Studio 1
6:00 pm - 6:50 pm	Step	Studio 1
7:00 pm - 7:50 pm	Pilates	Studio 1
7:00 pm - 7:50 pm	Indoor Cycling	Studio 2