

St Neots fitness class timetable

One Leisure St Neots

Accurate as of 20/05/2022

Times for Friday 28 January



Time	Session	Facility
9:15 am - 10:05 am	Indoor Cycling	Studio 2
9:15 am - 10:05 am	Body Step	Studio 1
9:20 am - 10:10 am	Zumba	Sports Hall
10:15 am - 11:05 am	Body Sculpt	Studio 1
2:00 pm - 2:45 pm	RightStart 4 - PSI	Sports Hall
6:00 pm - 6:50 pm	Indoor Cycling	Studio 2
7:00 pm - 7:50 pm	On The Spot Circuits	Sports Hall