


St Neots fitness class timetable

One Leisure St Neots

Accurate as of 13/05/2024

Times for Friday 2 December			
Time	Session	Facility	
9:15 am - 10:05 am	Indoor Cycling	Studio 2	
9:15 am - 10:05 am	Body Step	Studio 1	
10:15 am - 11:05 am	Body Sculpt	Studio 1	
2:00 pm - 2:50 pm	RightStart 4 - PSI	Studio 1	
6:00 pm - 6:50 pm	Indoor Cycling	Studio 2	
7:00 pm - 7:50 pm	Circuit Training	Sports Hall	