

# St Neots fitness class timetable

## One Leisure St Neots

Accurate as of 24/04/2024

### Times for Friday 9 December



Time	Session	Facility
9:15 am - 10:05 am	Indoor Cycling	Studio 2
9:15 am - 10:05 am	Body Step	Studio 1
10:15 am - 11:05 am	Body Sculpt	Studio 1
2:00 pm - 2:50 pm	RightStart 4 - PSI	Studio 1
6:00 pm - 6:50 pm	Indoor Cycling	Studio 2
7:00 pm - 7:50 pm	Circuit Training	Sports Hall