


# St Neots fitness class timetable

## One Leisure St Neots

Accurate as of 17/05/2024

| Times for Sunday 21 April |                |          |  |
|---------------------------|----------------|----------|---|
| Time                      | Session        | Facility |   |
| 9:00 am - 9:50 am         | Indoor Cycling | Studio 2 |   |
| 10:00 am - 10:50 am       | Abs Blast      | Studio 1 |   |
| 11:00 am - 11:50 am       | Yoga           | Studio 1 |   |