

Gym Timetable

Maldwyn Leisure Centre

Accurate as of 06/05/2024

Times for Wednesday 4 August



Time	Session	Facility	Level
6:00 am - 12:00 pm	Sesiwn Gym / Gym Session	Campfa--Gym	
12:00 pm - 1:00 pm	Cynllun Atgyfeirio Cleifion i Wneud Ymarfer Corff / National Exercise Referral Scheme (NERS)	Campfa--Gym	