

# Gym Timetable

## Maldwyn Leisure Centre

Accurate as of 27/04/2024

### Times for Friday 1 July



Time	Session	Facility	Level
6:00 am - 9:00 am	Sesiwn Gym / Gym Session	Campfa--Gym	
9:15 am - 10:15 am	AAA (Ystafell Ffitrwydd / Gym)	Campfa--Gym	
10:30 am - 9:00 pm	Sesiwn Gym / Gym Session	Campfa--Gym	