

Gym Timetable

Maldwyn Leisure Centre

Accurate as of 18/05/2024

Times for Tuesday 23 April



Time	Session	Facility	Level
7:00 am - 9:00 am	Sesiwn Gym / Gym Session	Campfa--Gym	
9:15 am - 10:15 am	AAA (Ystafell Ffitrwydd / Gym)	Campfa--Gym	
10:30 am - 4:00 pm	Sesiwn Gym / Gym Session	Campfa--Gym	
4:00 pm - 5:00 pm	Ffitrwydd Iau / Junior Fitness	Campfa--Gym	