

# Gym Timetable

## Maldwyn Leisure Centre

Accurate as of 18/05/2024

### Times for Sunday 5 May



Time	Session	Facility	Level
8:00 am - 11:00 am	Sesiwn Gym / Gym Session	Campfa--Gym	
11:00 am - 12:00 pm	Merched yn Unig / Ladies Only.	Campfa--Gym	
12:00 pm - 3:00 pm	Sesiwn Gym / Gym Session	Campfa--Gym	