

Swimming Pool

Tenbury Swimming Pool

Accurate as of 09/04/2024

Times for Monday 22 August

| Time | Session | Facility | Level |
|---------------------|-------------------------|---------------------|-------|
| 7:00 am - 9:30 am | Lane Swimming (3 lanes) | Indoor Pool (25.0m) | |
| 9:30 am - 11:00 am | Women Only | Indoor Pool (25.0m) | |
| 11:00 am - 12:30 pm | Open Swim (1 lane) | Indoor Pool (25.0m) | |
| 12:30 pm - 2:00 pm | Lane Swimming (3 lanes) | Indoor Pool (25.0m) | |
| 2:15 pm - 3:00 pm | Aqua Aerobics | Indoor Pool (25.0m) | |
| 3:30 pm - 7:00 pm | Swim School | Indoor Pool (25.0m) | |
| 7:00 pm - 8:30 pm | Lane Swimming (3 lanes) | Indoor Pool (25.0m) | |