

Swimming Pool

Tenbury Swimming Pool

Accurate as of 17/05/2024

Times for Monday 15 April



Time	Session	Facility	Level
7:00 am - 9:15 am	Lane Swimming (3 lanes)	Indoor Pool (25.0m)	
9:30 am - 11:00 am	Women Only	Indoor Pool (25.0m)	
11:00 am - 1:00 pm	Lane Swimming (3 lanes)	Indoor Pool (25.0m)	
1:15 pm - 2:00 pm	Aqua Circuits	Indoor Pool (25.0m)	
2:15 pm - 3:00 pm	Aqua Aerobics	Indoor Pool (25.0m)	
3:30 pm - 7:00 pm	Swim School	Indoor Pool (25.0m)	
7:00 pm - 8:45 pm	Lane Swimming (3 lanes)	Indoor Pool (25.0m)	