

# Swimming Pool

## Tenbury Swimming Pool

Accurate as of 03/05/2024

### Times for Thursday 25 April



Time	Session	Facility	Level
7:00 am - 9:30 am	Lane Swimming (3 lanes)	Indoor Pool (25.0m)	
9:30 am - 11:00 am	Women Only	Indoor Pool (25.0m)	
11:00 am - 11:45 am	Aqua Move	Indoor Pool (25.0m)	
12:00 pm - 12:45 pm	Aqua Circuits	Indoor Pool (25.0m)	
1:00 pm - 2:00 pm	School Swimming	Indoor Pool (25.0m)	
2:15 pm - 3:00 pm	Aqua Aerobics	Indoor Pool (25.0m)	
3:30 pm - 6:00 pm	Swim School	Indoor Pool (25.0m)	
6:15 pm - 7:15 pm	Adult Lessons	Indoor Pool (25.0m)	
7:20 pm - 8:50 pm	Lane Swimming (3 lanes)	Indoor Pool (25.0m)	