public swimming programme
De Stafford Sports Centre

Accurate as of 12/10/2024

Times for Monday 13 December

Time	Session	Facility	Level
6:00 am - 8:45 am	Lane Swimming	Indoor Pool (25.0m)	
9:00 am - 9:45 am	Aqua Aerobics	Indoor Pool (25.0m)	
9:45 am - 3:30 pm	School Swimming	Indoor Pool (25.0m)	
3:30 pm - 6:15 pm	Swim School	Indoor Pool (25.0m)	
6:15 pm - 8:00 pm	Lane Swimming (half pool)	Indoor Pool (25.0m)	
6:15 pm - 8:00 pm	Open Swim (half pool)	Indoor Pool (25.0m)	
8:00 pm - 9:00 pm	Private Hire	Indoor Pool (25.0m)	
9:00 pm - 10:00 pm	Adult Swim (16yrs +)	Indoor Pool (25.0m)	