

public swimming programme

De Stafford Sports Centre

Accurate as of 03/05/2024

Times for Monday 22 April



Time	Session	Facility	Level
6:00 am - 9:00 am	Lane Swimming	Indoor Pool (25.0m)	
9:00 am - 9:45 am	Aqua Aerobics	Indoor Pool (25.0m)	
9:45 am - 4:00 pm	Pool Closed	Indoor Pool (25.0m)	
4:00 pm - 6:15 pm	Swim School	Indoor Pool (25.0m)	
6:15 pm - 8:00 pm	Lane Swimming (half pool)	Indoor Pool (25.0m)	
6:15 pm - 8:00 pm	Open Swim (half pool)	Indoor Pool (25.0m)	
8:00 pm - 9:00 pm	Private Hire	Indoor Pool (25.0m)	
9:00 pm - 10:00 pm	Lane Swimming	Indoor Pool (25.0m)	