public swimming programmeDe Stafford Sports Centre

Accurate as of 16/08/2025

Times for Monday 22 April			•
Time	Session	Facility	Level
6:00 am - 9:00 am	Lane Swimming	Indoor Pool (25.0m)	
4:00 pm - 6:15 pm	Swim School	Indoor Pool (25.0m)	
7:15 pm - 9:00 pm	Open Swim (half pool)	Indoor Pool (25.0m)	
9:00 pm - 10:00 pm	Lane Swimming	Indoor Pool (25.0m)	