public swimming programmeDe Stafford Sports Centre

Accurate as of 16/08/2025

Times for Wednesday 24 April			
Time	Session	Facility	Level
6:00 am - 9:00 am	Lane Swimming	Indoor Pool (25.0m)	
12:45 pm - 1:30 pm	Aqua Aerobics	Indoor Pool (25.0m)	
1:30 pm - 2:30 pm	Adult Swim Lessons	Indoor Pool (25.0m)	
4:00 pm - 6:15 pm	Swim School	Indoor Pool (25.0m)	
6:15 pm - 8:00 pm	Lane Swimming (half pool)	Indoor Pool (25.0m)	
6:15 pm - 10:00 pm	Open Swim (half pool)	Indoor Pool (25.0m)	