

public swimming programme

De Stafford Sports Centre

Accurate as of 16/08/2025

Times for Thursday 25 April



Time	Session	Facility	Level
6:00 am - 9:00 am	Lane Swimming	Indoor Pool (25.0m)	
9:00 am - 10:00 am	Open Swim (half pool)	Indoor Pool (25.0m)	
10:00 am - 11:00 am	Swimability	Indoor Pool (25.0m)	
4:00 pm - 6:45 pm	Swim School	Indoor Pool (25.0m)	