

# Spin Studio Timetable

## Wolverton Swimming & Fitness Centre

Accurate as of 04/10/2026

| Times for Sunday 4 October |              |              |  |
|----------------------------|--------------|--------------|-------------------------------------------------------------------------------------|
| Time                       | Session      | Facility     |                                                                                     |
| 07:45 - 08:15              | Virtual Spin | Cycle Studio |                                                                                     |
| 08:30 - 09:15              | Spin         | Cycle Studio |                                                                                     |
| 10:00 - 11:00              | Virtual Spin | Cycle Studio |                                                                                     |
| 11:30 - 12:30              | Virtual Spin | Cycle Studio |                                                                                     |
| 13:15 - 13:45              | Virtual Spin | Cycle Studio |                                                                                     |
| 14:30 - 15:30              | Virtual Spin | Cycle Studio |                                                                                     |
| 16:00 - 16:45              | Virtual Spin | Cycle Studio |                                                                                     |
| 17:00 - 17:30              | Virtual Spin | Cycle Studio |                                                                                     |
| 18:00 - 18:45              | Virtual Spin | Cycle Studio |                                                                                     |