

Spin Studio Timetable

Wolverton Swimming & Fitness Centre

Accurate as of 04/10/2026

Times for Monday 5 October			
Time	Session	Facility	
06:45 - 07:30	Spin	Cycle Studio	
08:00 - 09:00	Virtual Spin	Cycle Studio	
09:05 - 09:35	Virtual Spin	Cycle Studio	
10:00 - 10:45	Spin	Cycle Studio	
11:15 - 12:00	Virtual Spin	Cycle Studio	
12:30 - 13:00	Virtual Spin	Cycle Studio	
13:15 - 14:15	Virtual Spin	Cycle Studio	
15:00 - 15:30	Virtual Spin	Cycle Studio	
16:00 - 17:00	Virtual Spin	Cycle Studio	
18:00 - 18:45	Spin	Cycle Studio	
19:00 - 19:45	Virtual Spin	Cycle Studio	
20:00 - 21:00	Virtual Spin	Cycle Studio	