# Spin Studio Timetable

## Wolverton Swimming & Fitness Centre

**Accurate as of 19/11/2026**

### Times for Thursday 19 November

| Time | Session | Facility |
|---|---|---|
| 06:45 - 07:30 | Virtual Spin | Cycle Studio |
| 08:00 - 09:00 | Virtual Spin | Cycle Studio |
| 09:30 - 10:15 | Spin | Cycle Studio |
| 10:45 - 11:45 | Virtual Spin | Cycle Studio |
| 12:30 - 13:00 | Virtual Spin | Cycle Studio |
| 13:15 - 14:15 | Virtual Spin | Cycle Studio |
| 15:00 - 16:00 | Virtual Spin | Cycle Studio |
| 16:30 - 17:15 | Virtual Spin | Cycle Studio |
| 18:00 - 18:45 | Spin | Cycle Studio |
| 19:15 - 20:00 | Virtual Spin | Cycle Studio |
| 20:15 - 21:00 | Virtual Spin | Cycle Studio |