

Swim Programme

The Village Health Club

Accurate as of 19/04/2024

Times for Thursday 17 June



Time	Session	Facility	Level
6:00 am - 9:15 am	Lane Swimming	Indoor Pool (16.5m)	
9:15 am - 10:00 am	Aqua Aerobics	Indoor Pool (16.5m)	
10:15 am - 12:15 pm	Swim School	Indoor Pool (16.5m)	
12:15 pm - 9:45 pm	Lane Swimming	Indoor Pool (16.5m)	