

Swim Programme

The Village Health Club

Accurate as of 29/04/2024

Times for Saturday 1 October



| Time | Session | Facility | Level |
|---------------------|---------------|---------------------|-------|
| 8:00 am - 10:00 am | Lane Swimming | Indoor Pool (16.5m) | |
| 10:00 am - 12:00 pm | Swim School | Indoor Pool (16.5m) | |
| 12:00 pm - 1:45 pm | Family Swim | Indoor Pool (16.5m) | |