

# Swim Programme

## The Village Health Club

Accurate as of 06/05/2024

### Times for Monday 3 October



Time	Session	Facility	Level
6:00 am - 10:00 am	Lane Swimming	Indoor Pool (16.5m)	
10:00 am - 11:45 am	Swim School	Indoor Pool (16.5m)	
11:45 am - 3:45 pm	Lane Swimming	Indoor Pool (16.5m)	
4:00 pm - 6:00 pm	Swim School	Indoor Pool (16.5m)	
6:00 pm - 9:45 pm	Lane Swimming	Indoor Pool (16.5m)	