

Swim Programme

The Village Health Club

Accurate as of 18/05/2024

Times for Sunday 28 April

| Time | Session | Facility | Level |
|--------------------|---------------|---------------------|-------|
| 8:00 am - 12:30 pm | Lane Swimming | Indoor Pool (16.5m) | |
| 12:30 pm - 1:45 pm | Family Swim | Indoor Pool (16.5m) | |