

Swim Programme

The Village Health Club

Accurate as of 04/05/2024

Times for Monday 29 April



| Time | Session | Facility | Level |
|---------------------|---------------|---------------------|-------|
| 6:00 am - 10:00 am | Lane Swimming | Indoor Pool (16.5m) | |
| 10:00 am - 11:45 am | Swim School | Indoor Pool (16.5m) | |
| 11:45 am - 3:45 pm | Lane Swimming | Indoor Pool (16.5m) | |
| 4:00 pm - 6:00 pm | Swim School | Indoor Pool (16.5m) | |
| 6:00 pm - 9:45 pm | Lane Swimming | Indoor Pool (16.5m) | |