

Gym Timetable

Live Active Strathearn

Accurate as of 21/09/2026

Times for Thursday 17 September

Time	Session	Facility
07:15 - 09:30	Fitness Gym Session	Fitness Gym
07:15 - 21:30	Strength Gym Session	Strength Gym
11:00 - 14:00	Fitness Gym Session	Fitness Gym
15:45 - 21:30	Fitness Gym Session	Fitness Gym