

Gym Timetable

Live Active Strathearn

Accurate as of 21/09/2026

Times for Friday 18 September

Time	Session	Facility
07:15 - 09:15	Fitness Gym Session	Fitness Gym
07:15 - 21:30	Strength Gym Session	Strength Gym
10:45 - 13:30	Fitness Gym Session	Fitness Gym
14:00 - 21:30	Fitness Gym Session	Fitness Gym